Specialty optometrists (AS/SP/IP) CPD PROVIDER General Optical Council

Dispensing opticians CPD PROVIDER General Optical Council

Scottish Optical Conference

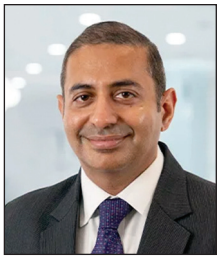
Optometrists CPD PROVIDER General Optical Council

Contact lens opticians CPD PROVIDER General Optical Council

INVITATION TO ATTEND THE LARGEST ONE DAY INTERACTIVE CPD EVENT IN THE UK

Glasgow Radisson Blu Hotel
Sunday 15th November 2026

Dr Stephanie Kearney
Track 1



Dr Vikas Chadha
Track 2

Prof David Thomson
Track 3

What's the big attraction to attend SOC 2026?

- Excellent value CPD, £29.00/£59.00 (includes hot buffet lunch & refreshments)
- Largest northern 1-day event, all UK & overseas practitioners welcome
- 3 Tracks with up to 17 CPD points per Track for OO, IP, CLO & DO
- Extensive range of topics delivered by international speakers & industry experts
- Interactive CPD; Lectures, Discussion Workshops + Peer Review
- Foremost Scottish Optical Exhibition with 60 Exhibitors from UK and beyond
- Socialise & Network at Saturday Night Scottish Optometry Awards 6.00pm to 11.00 (details on website)
- Award winning venue, offering preferential room rates & excellent transport links

How do I book SOC?

- Book & pay online at **www.soc.scot** or fill in the tear-off form and post it to us or phone SOC with any queries 07810 480084.
- Course fee
  £59.00 for OO/IP only. (This includes discount for members of OS/OW/ONI/AOI and/or FODO/AOP/ College of Optometrists, BCLA, NEG or Hakim Group incl. VAT GDPR opt in)
  £29.00 for DO/CLO/Pre-Reg OO/DO only. (This includes discount for members of ABDO and/or FODO/ AOP or Pre Reg OO/DO Incl. VAT GDPR opt in)
  £79.00 Full Price No Discount (Incl. VAT Unsubscribe from GDPR)
  The course fee covers lunch and refreshments and is 100% tax deductible as a training expense.
- Accommodation
  For a Discounted rate please visit our website www.soc.scot (accommodation) follow the link and add the promotional code SOC. There are also a list of other hotels close with all budgets to suit.

Scottish Optical Exhibition: Largest One Day Optical Exhibition in UK (confirmed Exhibitors to date)

Platinum	Mainline Optical Connections, Topcon, Essilor/Luxottica, Hakim Group, Hoya, Johnson and Johnson, Coopervision and Vision Scotland
Gold	Scope, Tomato Glasses, Thomson Software Solutions, PolyPhotonix, Lumesis, Amplify, Ocuco, Alcon, Optimum, Thea, Scotlens, Mark Ennovy, Santen, Glasgow Nuffield, and BIB
Silver	Optos, Blackfin, Seiko, Ambri Eyewear, Optix, Sense Medical, Grafton, Safilo, Eyewear Cafe & Vivaquality
Bronze	Gotti, TriOn Pharma, Haag-Streit, DOJO, Dizzy Duck, Performance Finance, Caseco and Braemar Finance
Supporters	ABDO Scotland, BCLA, College of Optometrists, EAOO, GCU / Alumni, Hakim Group, International Opticians Association, NEG, NES, NHS Scotland, Optician Magazine, Optometry Scotland

INTERACTIVE PEER REVIEW

SOC - SUNDAY 15th NOVEMBER 2026

TRACK 1 – CL & Ocular Surface Update

Target Groups: OOs, IPs & CLOs
17 CPD Points

07.30-08.30	**Main Registration + Exhibition + Morning Coffee**
08.30-08.45	**Optometry Scotland Update** Session Chair: Professor Gunter Loffler
08.45-09.45 1 CPD Point	**Lecture 1: New Paradigms in Myopia Management: From Evidence to Everyday Practice – 1 CPD** Dr Stephanie Kearney & Dr Mhairi Day GCU *Sponsor: Santen*
09.45-10.45 2 CPD Points	**Lecture with Discussion 2: Refractive Changes in our Young Patients-What They Mean and How we Manage Them** Mr Scott Brown *Sponsor: Scotlens*
10.45-11.15	**Exhibition + Refreshments**
11.15-12.15 2 CPD Points	**Lecture with Discussion 3: Bespoke Contact Lens Fitting** Mr Jim Dickson *Sponsor: Mark Ennovy*
12.15-14.00	**Lunch + Exhibition**
ROTATING WORKSHOPS (ALL AFTERNOON)	
14.00-15.00 3 CPD Points	**Discussion Workshop 1: Contact Lens Myths and Misconceptions** Mr Vishal Gohil *Sponsors: Alcon*
15.00-16.00 3 CPD Points	**Discussion Workshop 2: Mastering Toric Multifocals** Ms Melanie McDowall & Ms Marie-Therese Hall *Sponsors: Johnson and Johnson*
16.00-17.00 3 CPD Points	**Discussion Workshop 3: Holistic Approach on Managing Dry Eyes** Paris Hatzianastasiadis *Sponsors: Lumesis*
17.00-18.00 3 CPD Points	**Peer Review 4: Our House in the Middle of Our Street** Sam Watson *Sponsors: Coopervision*

TRACK 2 – Optometry Update

Target Groups: OOs & IPs
16 CPD Points

07.30-08.30	**Main Registration + Exhibition + Morning Coffee**
ROTATING WORKSHOPS (ALL MORNING)	
08.30-09.30 3 CPD Points	**Discussion Workshop 1: New Frontiers in Wide Field Imaging** Prof Paulo Stanga *Sponsor: Topcon*
09.30-10.30 1 CPD Point	**Discussion Workshop 2: Ocular Oncology - What Not to Miss** Dr Vikas Chadha *Sponsors: Vision Scotland*
10.30-11.00	**Exhibition + Refreshments**
11.00-12.00 3 CPD Points	**Discussion Workshop 3: Non-Invasive Treatment for DR and DMO Using the Noctura Sleep Mask** Prof Carlos Pavesio *Sponsor: PolyPhotonix*
12.00-13.00 1 CPD Point	**Lecture 1: OCT Interpretation from Easy to Difficult** Mr Jason Higginbotham *Sponsors: BIB*
13.00-14.45	**Lunch + Exhibition**
14.45-15.00	**Optometry Scotland Update** Session Chair Prof Niall Strang
15.00-16.00 2 CPD Points	**Lecture with Discussion 2: Drop Free Cataract surgery - a Novel approach** Dr Jonathan Ross and Dr Sanjay Mantry *Sponsor: Vision Scotland*
16.00-17.00 1 CPD Point	**Lecture 3: A Guide to Retinal Detachment and Posterior Vitreous Detachments (PVDs)** Dr Shohista Saidkasimova *Sponsors: Glasgow Nuffield Hospital*
17.00-18.00 3 CPD Points	**Peer Review 4: The use of Cyclosporine for the Management of Dry Eye Disease** Prof Saththish Srinivasan *Sponsors : Vision Scotland*

TRACK 3 – Building Skills for the Future

Target Groups: OOs, DOs & Practice Staff
16 CPD Points

07.30-08.30	**Main Registration + Exhibition + Morning Coffee**
08.30-08.45	**ABDO Scotland Update** Session Chair: Mr Graeme Stevenson & Mrs Brenda Rennie
08.45-09.45 2 CPD Points	**Discussion Workshop 1: Paediatric Dispensing - Fail, Adapt, Success** Ms Jessica Gowing *Sponsor: Tomato Glasses*
09.45-10.45 non CPD	**Lecture 1: Wearable the Next Generation of Sight and Hearing Care** Mr Joseph Simpson *Sponsor: Essilor / Luxottica*
10.45-11.15	**Exhibition + Refreshments**
11.15-12.15 2 CPD Points	**Lecture with Discussion 2: Bespoke Spectacle Lenses** Ms Rayna Greenfield & Mr Tony Calvo *Sponsors: Optimum*
12.15-13.15 3 CPD Points	**Lecture with Discussion 3: Eye Dynamix a New Resource in Patient Education** Prof David Thomson *Sponsors: Thomson Software Solutions*
13.15-15.00	**Lunch + Exhibition**
15.00-16.00 3 CPD Points	**Discussion Workshop 2: The Optical Skills Workshop** Mr Alex Gordon and Mr Andrew Copley *Sponsors: Mainline Optical Connections*
16.00-17.00 3 CPD Points	**Discussion Workshop 3 : From Data to Decisions - Practical Advice for Ocular Nutrition** Ms Caitriona Shelley & Mrs Mandy Davidson *Sponsors: Scope*
17.00-18.00 3 CPD Points	**Peer Review 4: Myopia Control IQ Style** Ms Laura Watson *Sponsor: Hoya*

SUNDAY 15th NOVEMBER 2026 SOC BOOKING FORM

Name ..... **GOC no.** .....

Address for correspondence .....

Attendee ❑ OO ❑ IP ❑ DO ❑ CLO ❑ Orthoptist ❑ Pre-Reg OO/DO ❑ Support Staff **DAYTIME** Tel. no. .....

E-MAIL ADDRESS ..... *(Course Offers if Opting in to GDPR, see below)*
(Will only be shared with our Exhibitors to update you on Course Offers)

First preference ❑ **CL & Ocular Surface Update Track 1** or ❑ **Optometry Update Track 2** or ❑ **Building Skills for the Future Track 3**

Total £59.00 OO/IP Only ❑ Members of College of Optometrists, OO FODO/AOP, OS/OW/ONI/AOI, BCLA, NEG (incl. VAT GDPR opt in)

or Total £29.00 DO/CLO/Pre-Reg OO/DO Only ❑ Members of ABDO, DO FODO/AOP, Pre - Reg OO/DO (Incl. VAT GDPR opt in)

or Total £79.00 ❑ Full Price No Discount (Incl. VAT Unsubscribe from GDPR)

Please book on-line.
www.soc.scot

Or alternatively return the booking form with a cheque made payable to ***Mackie Consultants*** *to:*
SOC
99 Kylepark Drive, Uddingston, G71 7DA
Tel: +44(0)7810 480084

OPTICIAN AWARDS FINALIST EDUCATION AWARD

You will receive an e-mail or telephone confirmation of your booking. SOC reserve the right to retain part of the fee to cover administration expenses if a delegate withdraws after having reserved a place and no refunds are issued within 31 days of the course however you can send another delegate if we are contacted in advance.

We have updated our GDPR statement on our website www.soc.scot